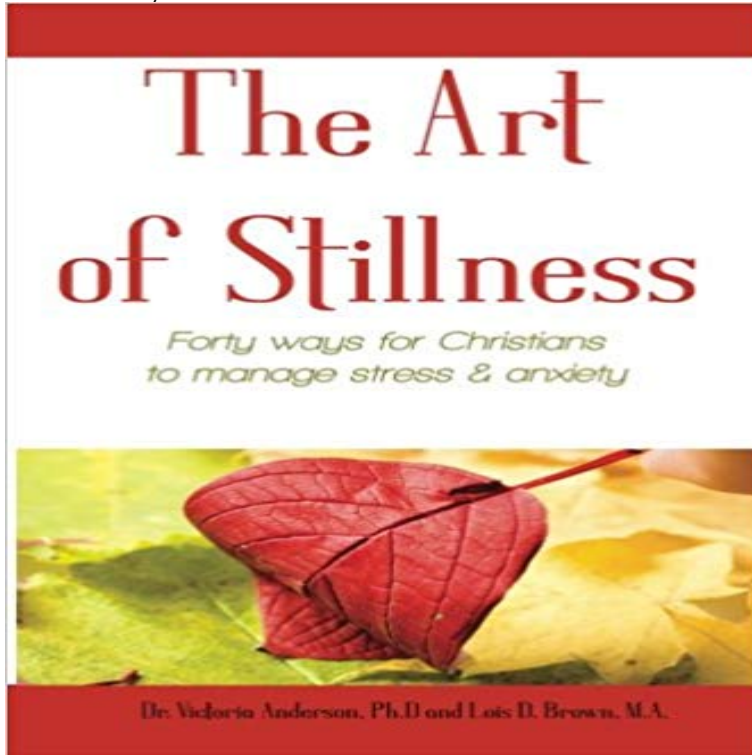


The Art of Stillness: Forty ways for Christians to Manage Stress & Anxiety



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